

Q: I have sleep apnea. Will the Plan cover a CPAP machine?

A: A CPAP machine (Continuous Positive Airway Pressure) requires prior authorization from the Plan. Your Provider or in-network Equipment Provider must send a request for Prior Approval to the Plan. The Plan approves a 3 month rental as a trial period to determine if you will benefit from the machine and will continue to use it. Before the 3 month trial is over, you must visit your Provider to assess whether you will be continuing with the CPAP. Once that medical documentation from your visit is sent to the Plan and it indicates you were compliant in using your CPAP and it is effective for you, the Plan will approve the CPAP for purchase. If you neglect to get your evaluation before the trial period is up, all further rental charges will be your personal responsibility.